

SKIN CARE STEPS



STEP 1: CLEANSE

First thing in the morning, CLEANSE your face with a facial cleanser. Want more? Add a Foreo to better exfoliate and clean pores. The T-Sonic pulsations deliver the unique ability to remove 99.5% of dirt and oil, as well as makeup residue and dead skin cells, massage, and exfoliate without irritating the skin.



STEP 2: PREVENT

Next, PREVENT oxidative damage in your skin with an antioxidant to quench oxygen free radicals that cause damage. SkinCeuticals CE Ferulic provides antioxidant protection to combat free radical damage, helps tighten and firm skin, and promotes skin health.



STEP 3: PROTECT

PROTECT with a good sunscreen. We carry ELTA MD UV elements broad-spectrum SPF products. ELTA sunscreens come in clear or tinted colors, both of which are very popular and cosmetically pleasing.



STEP 4: REJUVENATE

In the evening after washing, REJUVENATE with a retinoid cream to improve fine lines, textural roughness, and tan-brown age spots. Tretinoin is proven to improve the appearance of the skin. It requires a prescription.

Looking for a customized skin care regimen? Our trained esthetician will meet with you to review your goals for healthier-appearing skin and will make suggestions based on your goals, skin type, and budget. Often, samples are available. Cosmetic consultation with our esthetician is available only to our established patients. Featured product lines include SkinCeuticals and Elta products, both offering a wide variety of products. Above is a basic regimen that helps many people achieve their goals.